

JUNE 2026

(609)799-9068

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>1</p> <p>9:15 Form & Function - Kelly (activity room)</p> <p>9:15 Stronger Seniors Chair Class (double classroom)</p> <p>10:15 Yoga - Ria (activity room)</p> <p>11:00 Art of Oil Painting - Zakia (double classroom) \$\$</p> <p>11:30 Strength - Ed (activity room)</p> <p>1:00 - 3:00 Session 8 - H.O.P.E. (library)</p> <p>1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)</p> <p>2:00 Zumba - Vin (activity room) \$\$</p>	<p>2</p> <p style="color: red; font-size: 24px; font-weight: bold;">PRIMARY ELECTIONS ALL CLASSES & ACTIVITIES CANCELLED</p>	<p>3</p> <p>8:15 Tai Chi II - Hsueh (activity room)</p> <p>8:15 Walking (double classroom)</p> <p>9:15 Form & Function - Kelly (activity room)</p> <p>9:30 Qigong - Mira (double classroom)</p> <p style="color: red;">10:00 Hearing Screening</p> <p>10:00 Balance - Anna ZOOM</p> <p>11:00 Chair Yoga - Ed (activity room)</p> <p>11:45 Duplicate Bridge (double classroom)</p> <p>12:00 Meditation Class - Ed (activity room)</p>	<p>4</p> <p>8:30 Total Body Toning - Vin (activity room)</p> <p>9:30 Yoga - Ria (activity room)</p> <p style="color: green;">10:00 Art of Watercolor - Margaret (double classroom) \$\$</p> <p>11:00 Cardio - Linda (activity room)</p> <p style="color: green;">1:00 Investment Group (double classroom)</p> <p>1:00 Zumba - Vin (activity room) \$\$</p>	<p>5</p> <p>8:15 Walking (double classroom)</p> <p>8:15 Strength - Helen (activity room)</p> <p>9:30 Chinese Hour - Sylvia (double classroom)</p> <p>09:30 Tai Chi I - Hsueh (activity room)</p> <p>11:00 Strength - Anna ZOOM</p> <p style="text-align: center;">1:00 Music Concert Carmen Marranco & Bud</p>
<p>8</p> <p>9:15 Form & Function - Kelly (activity room)</p> <p>9:15 Stronger Seniors Chair Class (double classroom)</p> <p>10:15 Yoga - Ria (activity room)</p> <p>11:00 Art of Oil Painting - Zakia (double classroom) \$\$</p> <p>11:30 Strength - Ed (activity room)</p> <p>1:00 - 3:00 Session 9 - H.O.P.E. (library)</p> <p>1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)</p>	<p>9</p> <p>8:30 Strength - Kelly (activity room)</p> <p>8:30 Walking (double classroom)</p> <p style="color: red;">10:00 Glucose Screening</p> <p>9:00 Spanish I - Nelida (library / ZOOM) \$\$</p> <p>09:30 Yoga - Ria (activity room)</p> <p>9:30-11:30 Coffee & Conversation with FOWWSC</p> <p>10:00 Spanish II - Nelida (library / ZOOM) \$\$</p> <p>11:15 Chair, Stretch & Tone - Helen (activity room)</p> <p>1:00 Bingo</p>	<p>10</p> <p>8:15 Tai Chi II - Hsueh (activity room)</p> <p>8:15 Walking (double classroom)</p> <p>9:15 Form & Function - Kelly (activity room)</p> <p>9:30 Qigong - Mira (double classroom)</p> <p>10:00 Balance - Anna ZOOM</p> <p>11:00 Chair Yoga - Ed (activity room)</p> <p style="color: green;">11:45 Duplicate Bridge (double classroom)</p> <p>12:00 Meditation Class - Ed (activity room)</p>	<p>11</p> <p>8:30 Total Body Toning - Vin (activity room)</p> <p>9:30 Yoga - Ria (activity room)</p> <p style="color: green;">10:00 Art of Watercolor - Margaret (double classroom) \$\$</p> <p>11:00 Cardio - Linda (activity room)</p> <p style="color: green;">1:00 Investment Group (double classroom)</p> <p>1:00 Zumba - Vin (activity room) \$\$</p>	<p>12</p> <p>8:15 Walking (double classroom)</p> <p>8:15 Strength - Helen (activity room)</p> <p>9:30 Chinese Hour - Sylvia (double classroom)</p> <p>09:30 Tai Chi I - Hsueh (activity room)</p> <p>10:45 Bollywood Dance (activity room)</p> <p>11:00 Strength - Anna ZOOM</p>
<p>15</p> <p>9:15 Form & Function - Kelly (activity room)</p> <p>9:15 Stronger Seniors Chair Class (double classroom)</p> <p>10:15 Yoga - Ria (activity room)</p> <p>11:00 Art of Oil Painting - Zakia (double classroom) \$\$</p> <p>11:30 Strength - Ed (activity room)</p> <p>1:00 - 3:00 Session 10 - H.O.P.E. (library)</p> <p>1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)</p>	<p>16</p> <p>8:30 Strength - Kelly (activity room)</p> <p>8:30 Walking (double classroom)</p> <p>9:00 Spanish I - Nelida (library / ZOOM) \$\$</p> <p>09:30 Yoga - Ria (activity room)</p> <p>10:00 Spanish II - Nelida (library / ZOOM) \$\$</p> <p>11:15 Chair, Stretch & Tone - Helen (activity room)</p> <p style="color: red;">1:00 Senior Medicare Fraud Lecture (activity room)</p>	<p>17</p> <p>8:15 Tai Chi II - Hsueh (activity room)</p> <p>8:15 Walking (double classroom)</p> <p>9:15 Form & Function - Kelly (activity room)</p> <p>9:30 Qigong - Mira (double classroom)</p> <p>10:00 Balance - Anna ZOOM</p> <p>11:00 Chair Yoga - Ed (activity room)</p> <p style="color: green;">11:45 Duplicate Bridge (double classroom)</p> <p>12:00 Meditation Class - Ed (activity room)</p>	<p>18</p> <p>8:30 Total Body Toning - Vin (activity room)</p> <p>9:30 Yoga - Ria (activity room)</p> <p style="color: green;">10:00 Art of Watercolor - Margaret (double classroom) \$\$</p> <p>11:00 Cardio - Linda (activity room)</p> <p style="color: green;">1:00 Investment Group (double classroom)</p> <p>1:00 Zumba - Vin (activity room) \$\$</p>	<p>19</p> <p>8:15 Walking (double classroom)</p> <p>8:15 Strength - Helen (activity room)</p> <p>9:30 Chinese Hour - Sylvia (double classroom)</p> <p>09:30 Tai Chi I - Hsueh (activity room)</p> <p>10:45 Bollywood Dance (activity room)</p> <p>11:00 Strength - Anna ZOOM</p>
<p>22</p> <p>9:15 Form & Function - Kelly (activity room)</p> <p>9:15 Stronger Seniors Chair Class (double classroom)</p> <p>10:15 Yoga - Kelly (activity room)</p> <p>11:00 Art of Oil Painting - Zakia (double classroom) \$\$</p> <p>11:30 Strength - Ed (activity room)</p> <p>1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)</p>	<p>23</p> <p>8:30 Strength - Kelly (activity room)</p> <p>8:30 Walking (double classroom)</p> <p>9:00 Spanish I - Nelida (library / ZOOM) \$\$</p> <p>09:30 Yoga - Kelly (activity room)</p> <p>10:00 Spanish II - Nelida (library / ZOOM) \$\$</p> <p style="color: red;">10:00 Vision Screening (library)</p> <p>11:15 Chair, Stretch & Tone - Helen (activity room)</p>	<p>24</p> <p>8:15 Tai Chi II - Hsueh (activity room)</p> <p>8:15 Walking (double classroom)</p> <p>9:15 Form & Function - Kelly (activity room)</p> <p>9:30 Qigong - Mira (double classroom)</p> <p>10:00 Balance - Anna ZOOM</p> <p>11:00 Chair Yoga - Ed (activity room)</p> <p style="color: red;">11:00 Blood Pressure Screening</p> <p style="color: green;">11:45 Duplicate Bridge (double classroom)</p> <p>12:00 Sound Bath Meditation - Ed (activity room)</p>	<p>25</p> <p>8:30 Total Body Toning - Vin (activity room)</p> <p>9:30 Yoga - Linda (activity room)</p> <p style="color: green;">10:00 Art of Watercolor - Margaret (double classroom) \$\$</p> <p>11:00 Cardio - Linda (activity room)</p> <p style="color: green;">1:00 Investment Group (double classroom)</p> <p>1:00 Zumba - Vin (activity room) \$\$</p>	<p>26</p> <p>8:15 Walking (double classroom)</p> <p>8:15 Strength - Helen (activity room)</p> <p>9:30 Chinese Hour - Sylvia (double classroom)</p> <p>09:30 Tai Chi I - Hsueh (activity room)</p> <p>10:45 Bollywood Dance (activity room)</p> <p>11:00 Strength - Anna ZOOM</p>
<p>29</p> <p>9:15 Form & Function - Kelly (activity room)</p> <p>9:15 Stronger Seniors Chair Class (double classroom)</p> <p>10:15 Yoga - Ria (activity room)</p> <p style="color: green;">11:00 Art of Oil Painting - Zakia (double classroom) \$\$</p> <p>11:30 Strength - Ed (activity room)</p> <p>1:30 Drawing with Calligraphy - Margaret \$\$ (double classroom)</p>	<p>30</p> <p>8:30 Strength - Kelly (activity room)</p> <p>8:30 Walking (double classroom)</p> <p>9:00 Spanish I - Nelida (library / ZOOM) \$\$</p> <p>09:30 Yoga - Ria (activity room)</p> <p style="color: red;">10:00 Lung Cancer Lecture (double classroom)</p> <p>10:00 Spanish II - Nelida (library / ZOOM) \$\$</p> <p>11:15 Chair, Stretch & Tone - Helen (activity room)</p> <p>2:00 Book Club</p>			